



# Brookdale

HEALTH HYDRO



## Our History

In 1989, Tony and Wendy Somers-Cox, your hosts at Brookdale, discovered the potential of this special place. The estate was intensively developed over a period of 18 months and opened in 1992 as Brookdale Health Hydro. Through the years, the facilities are constantly and unobtrusively upgraded to ensure that Brookdale remains the leader in its field of health and wellbeing.

Through passion and commitment, Brookdale has grown from twelve rooms to twenty two rooms ranging from Standard rooms to Forest Suites. The realization of this dream has come with the opening of an indoor heated pool and wet area – too beautiful to describe. This complements the existing outdoor swimming pool, facilities and rest areas. A separate Day Spa facility opened during 2001 for day treatments.

