



# Brookdale

DAY SPA



## Breakfast Options



### BROOKDALE BREAKFAST

Scrambled egg, sautéed mushrooms, roasted tomato & grated mozzarella sprinkled with fresh herbs.

Served on either homemade yoghurt bread or in a whole-wheat wrap.

### HOME-MADE MUESLI PARFAIT

Layers of yoghurt and home-made muesli with fresh fruit & a drizzle of honey.



## Lunch Options



### SALAD | OPEN SANDWICH | WRAP

Choose one of the below fillings served on either a fresh crunchy salad, in a whole-wheat wrap or as an open sandwich with our homemade bread.

- Ribbons of smoked salmon with cream cheese, lemon wedges & capers
- Roast veggies, cottage cheese, caramelised onion marmalade & pesto
- Sliced smoked chicken with horseradish yoghurt

### SOUP OF THE DAY

Served with a slice of homemade bread.

### VEGETARIAN QUICHE

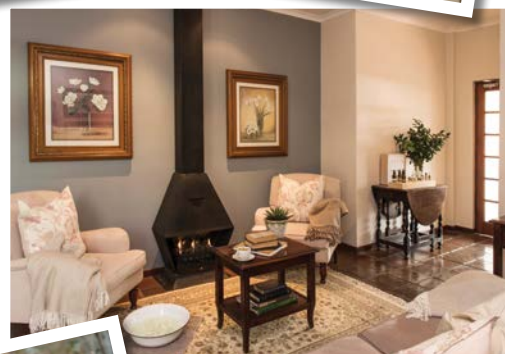
Served with a fresh crunchy side salad.

- Butternut, feta & sage
- Spinach, mushroom & parmesan.

### VEGETARIAN BOBOTIE

Roasted butternut and lentil bobotie with savoury egg custard

Served with a crunchy side salad and fruit chutney.



PLEASE NOTE that we do not have an open restaurant. Our delicious breakfasts and lunches are made to order and advance bookings are required.