



# Mom and Daughter Getaways @ BROOKDALE

SHARE QUALITY TIME...  
with your Daughter @ Brookdale

### MARCH 2019

3 NIGHTS: Wednesday 27th - Saturday 30th March

### JUNE 2019

3 NIGHTS: Wednesday 19th - Saturday 22nd June

### AUGUST 2019

3 NIGHTS: Wednesday 21st - Saturday 24th August

### DECEMBER 2019

3 NIGHTS: Sunday 8th - Wednesday 11th December

**ADD R450 EACH TO YOUR STAY**  
and enjoy the following:

- Cooking Demo with Nutritional guidance from the Brookdale Team.
- DIY Make Up Workshop using LUMA & Clarins Make-up
- DIY Facial Workshop using your brand of choice Guinot / Esse / Clarins / LUMA
- Surprise Gift



**CLARINS**

LUMA

ESSE  
PROBIOTIC SKINCARE

GUINOT  
INSTITUT • PARIS



**2019 RATES FROM R 5 700**  
per person sharing for the full 3 night stay

**OUR PACKAGES INCLUDE:**

- Accommodation in the scenic country
- 3 wholesome meals a day
- Morning & afternoon snacks
- A daily morning tea tray delivered to your room
- Organic herbal teas available all day
- Treatments specified for the package
- Informative talks on aspects of healthy living
- Daily guided morning walks
- Daily aquacise classes
- Guided relaxation classes
- Yoga | Pilates
- Make up demonstrations using LUMA & Clarins

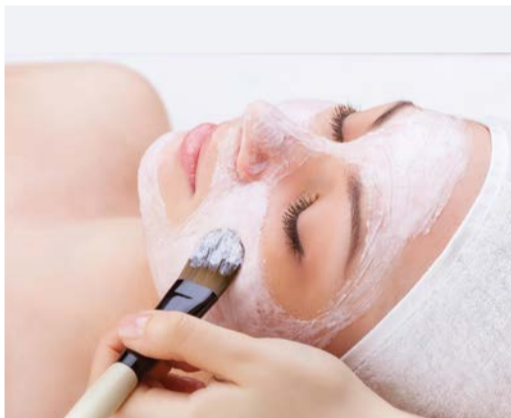
**UNLIMITED USE OF ALL FACILITIES:**

indoor heated pool | jacuzzi | sauna | steam room  
outdoor pool | labyrinth | studio | reflexology path | gym

TERMS AND CONDITIONS APPLY

**DON'T MISS OUT ON THESE FANTASTIC OPPORTUNITIES**

Call Misha or Sarah now to book your spot or book online on [www.brookdale.co.za/online-booking](http://www.brookdale.co.za/online-booking)



**Brookdale**

HEALTH HYDRO

*Your Wellness Destination*

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