



Brookdale

HEALTH HYDRO

Your Wellness Destination

2018 RATES

VALID 01 APR - 22 DEC 2018



FOREST SUITE



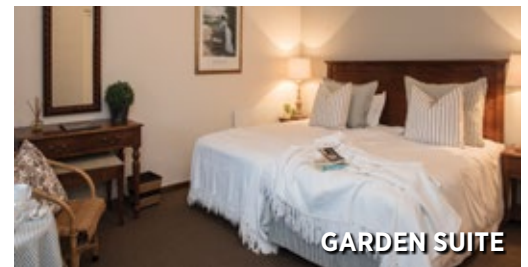
FOREST SUITE

ACCOMMODATION TYPES

Standard Room	Room with en-suite bathroom.
Standard Room with TV	Room with newly renovated en-suite bathroom and a TV.
Garden Suite	This is larger than a Standard Room, has a TV, tea-making facilities and an en-suite bathroom with bath and shower.
Fountain Suite	This suite is large, has a TV, fireplace, ceiling fan, lounge area and tea making facilities. The en-suite bathroom has a spa bath and shower.
Courtyard Suite	Looks out onto garden courtyard and is near the main facilities. Underfloor heating throughout, fireplace, ceiling fan and tea-making facilities. The separate lounge has a TV with DSTV. Two double beds, bathroom with a bath and shower, and separate toilet.
Forest Suite	This private, luxurious suite has a lounge with fireplace. The lounge leads out onto a balcony overlooking the forest. Under carpet heating in the bedroom. This air-conditioned suite has a TV with DSTV, tea-making facilities, spa bath and shower.



STANDARD ROOM



GARDEN SUITE



FOUNTAIN SUITE

All our rooms are supplied with fans and hairdryers as well as electric blankets, heaters and heated towel rails to ensure a warm, cosy atmosphere in winter.

Rooms with TV have SABC 1, 2 & 3, E-TV, M-Net, M-Net Movie channels, all SuperSport channels as well as a weather channel.



COURTYARD SUITE



COURTYARD SUITE



Tel: 033 266 6208 | Cell: 082 906 0842

info@brookdale.co.za www.brookdale.co.za

Nottingham Road KwaZulu-Natal Midlands South Africa





TWO NIGHT QUICK ESCAPE



TREATMENT INCLUDED PER PERSON:

- 1 Swedish Full Body Massage

ENQUIRE NOW

A 2 NIGHT TONIC & TASTE OF BROOKDALE

SUNDAY TO TUESDAY
OR
THURSDAY TO SATURDAY

A quick healthy top up. These two nights will give you a taste of what Brookdale has to offer.

PACKAGE INCLUDES:

- Accommodation in the scenic country
- 3 wholesome meals a day
- Morning & afternoon snacks
- A daily morning tea tray delivered to your room
- Organic herbal teas available all day
- Treatments specified for the package
- Informative talks on aspects of healthy living
- Daily guided morning walks
- Daily aquacise classes
- Guided relaxation classes
- Yoga | Pilates
- Make up demonstrations using Clarins
- Free Wi-Fi

UNLIMITED USE OF ALL FACILITIES

indoor heated pool | jacuzzi
sauna | steam room | gym
outdoor pool | labyrinth
studio | reflexology path

PACKAGE RATES FOR THE FULL TWO NIGHTS

VALID 01 APRIL - 22 DECEMBER 2018

	Single	Double (Sharing PP)
STANDARD ROOM	R 3 840	R 3 540
STANDARD WITH TV	R 4 140	R 3 740
GARDEN SUITE	R 4 840	R 4 340
FOUNTAIN SUITE	R 6 960	R 4 840
COURTYARD SUITE	R 6 960	R 4 840
FOREST SUITE	R 7 880	R 6 060

THREE NIGHT BREAKAWAY



TREATMENTS INCLUDED PER PERSON:

- 1 Swedish Full Body Massage
- 1 Express Facial

ENQUIRE NOW

3 NIGHTS TO CATCH YOUR BREATH

SUNDAY TO WEDNESDAY
OR
WEDNESDAY TO SATURDAY

A shorter stay to refresh and re-energise

PACKAGE INCLUDES:

- Accommodation in the scenic country
- 3 wholesome meals a day
- Morning & afternoon snacks
- A daily morning tea tray delivered to your room
- Organic herbal teas available all day
- Treatments specified for the package
- Informative talks on aspects of healthy living
- Daily guided morning walks
- Daily aquacise classes
- Guided relaxation classes
- Yoga | Pilates
- Make up demonstrations using Clarins
- Free Wi-Fi

UNLIMITED USE OF ALL FACILITIES

indoor heated pool | jacuzzi
sauna | steam room | gym
outdoor pool | labyrinth
studio | reflexology path

PACKAGE RATES FOR THE FULL THREE NIGHTS

VALID 01 APRIL - 22 DECEMBER 2018

	Single	Double (Sharing PP)
STANDARD ROOM	R 5 760	R 5 310
STANDARD WITH TV	R 6 210	R 5 610
GARDEN SUITE	R 7 260	R 6 510
FOUNTAIN SUITE	R 10 440	R 7 260
COURTYARD SUITE	R 10 440	R 7 260
FOREST SUITE	R 11 820	R 9 090

Prices are inclusive of VAT & are subject to change. Terms and Conditions Apply.



FOUR NIGHT BLISSFUL RETREAT



TREATMENTS INCLUDED PER PERSON:

- 1 Swedish Full Body Massage
- 1 Reflexology
- 1 Express Facial

ENQUIRE NOW

4 NIGHTS TO REFRESH MIND & BODY

SUNDAY TO THURSDAY
OR
TUESDAY TO SATURDAY

Our indulgent 4 night stay is the perfect escape from demanding every day stress

PACKAGE INCLUDES:

- Accommodation in the scenic country
- 3 wholesome meals a day
- Morning & afternoon snacks
- A daily morning tea tray delivered to your room
- Organic herbal teas available all day
- Treatments specified for the package
- Informative talks on aspects of healthy living
- Daily guided morning walks
- Daily aquacise classes
- Guided relaxation classes
- Yoga | Pilates
- Make up demonstrations using Clarins
- Free Wi-Fi

UNLIMITED USE OF ALL FACILITIES

indoor heated pool | jacuzzi sauna | steam room | gym outdoor pool | labyrinth studio | reflexology path

PACKAGE RATES FOR THE FULL FOUR NIGHTS

VALID 01 APRIL - 22 DECEMBER 2018

	Single	Double (Sharing PP)
STANDARD ROOM	R 7 680	R 7 080
STANDARD WITH TV	R 8 280	R 7 480
GARDEN SUITE	R 9 680	R 8 680
FOUNTAIN SUITE	R 13 920	R 9 680
COURTYARD SUITE	R 13 920	R 9 680
FOREST SUITE	R 15 760	R 12 120

SIX NIGHT R & R GETAWAY



TREATMENTS INCLUDED PER PERSON:

- 2 Swedish Full Body Massages
- 1 Aromatherapy Full Body Massage
- 1 Express Facial

ENQUIRE NOW

6 NIGHTS TO RELAX & RE-ENERGISE

SUNDAY TO SATURDAY

This is the perfect antidote to stressful modern living.

You are guided through a process that ensures complete relaxation, recuperation and rejuvenation; and empowers you with the knowledge and skills to make realistic, healthy changes in your life.

PACKAGE INCLUDES:

- Accommodation in the scenic country
- 3 wholesome meals a day
- Morning & afternoon snacks
- A daily morning tea tray delivered to your room
- Organic herbal teas available all day
- Treatments specified for the package
- Informative talks on aspects of healthy living
- Daily guided morning walks
- Daily aquacise classes
- Guided relaxation classes
- Yoga | Pilates
- Make up demonstrations using Clarins
- Free Wi-Fi

UNLIMITED USE OF ALL FACILITIES

indoor heated pool | jacuzzi sauna | steam room | gym outdoor pool | labyrinth studio | reflexology path

PACKAGE RATES FOR THE FULL SIX NIGHTS

VALID 01 APRIL - 22 DECEMBER 2018

	Single	Double (Sharing PP)
STANDARD ROOM	R 11 520	R 10 620
STANDARD WITH TV	R 12 420	R 11 220
GARDEN SUITE	R 14 520	R 13 020
FOUNTAIN SUITE	R 20 880	R 14 520
COURTYARD SUITE	R 20 880	R 14 520
FOREST SUITE	R 23 640	R 18 180

Prices are inclusive of VAT & are subject to change. Terms and Conditions Apply.

2018 SPECIAL AND GETAWAYS



Get the Spring Back into your Step with
**BROOKDALE'S SENSATIONAL
 SPRING SPECIAL**

KICK START HEALTHY LIVING & GET INTO SHAPE WITH OUR GREAT SAVINGS...

**20% OFF HYDRO ACCOMMODATION RATES
 FOR SEPTEMBER, OCTOBER & NOVEMBER**

3 NIGHT PACKAGE RATE	
ROOM TYPE	Double
Incl: 1 x Swedish Massage & 1 x Express Facial	(Sharing PP)
STANDARD ROOM	R 4 200
STANDARD WITH TV	R 4 500
GARDEN SUITE	R 5 250
FOUNTAIN SUITE	R 5 850
COURTYARD SUITE	R 5 850
FOREST SUITE	R 7 200

6 NIGHT PACKAGE RATE	
ROOM TYPE	Double
Incl: 2 x Swedish & 1 x Aroma Massage & 1 x Express Facial	(Sharing PP)
STANDARD ROOM	R 8 400
STANDARD WITH TV	R 9 000
GARDEN SUITE	R 10 500
FOUNTAIN SUITE	R 11 700
COURTYARD SUITE	R 11 700
FOREST SUITE	R 14 400

APPLIES TO 3 & 6 NIGHT STAYS. SHARED ACCOMMODATION ONLY. VALID 02 SEPTEMBER - 1 DECEMBER 2018.

Prices are inclusive of VAT & are subject to change. Terms and Conditions Apply.

2018 SPECIAL INTEREST GETAWAYS



ART THERAPY GETAWAY

DETAILS



WINTER YOGA GETAWAY

DETAILS



SELF-CARE GETAWAY

DETAILS



MOTHER & DAUGHTER ESCAPE

DETAILS



GUT REHAB WEEK

DETAILS



SPRING YOGA GETAWAY

DETAILS

BROOKDALE HEALTH HYDRO (PTY) LTD
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 KwaZulu-Natal, South Africa

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Registered Members: AJ Somers-Cox, WM Somers-Cox, M Cox



ONLINE BOOKINGS

www.brookdale.co.za



www.facebook.com/Brookdale.Health.Hydro



www.instagram.com/BrookdaleHydro



www.tripadvisor.co.za Brookdale Health Hydro



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