



Brookdale

HEALTH HYDRO

Your Wellness Destination

2017 RATES
EFFECTIVE 4TH JANUARY



FOREST SUITE



FOREST SUITE

ACCOMMODATION TYPES

Standard Room	Room with en-suite bathroom.
Standard Room with TV	Room with en-suite bathroom and a TV.
Garden Suite	This is larger than a Standard Room, has a TV, tea-making facilities and a newly renovated bath and shower.
Fountain Suite	This suite is large, has a TV, fireplace, ceiling fan, lounge area and tea making facilities. The en-suite bathroom has a bath and shower.
Courtyard Suite	Looks out onto garden courtyard and is near the main facilities. Underfloor heating throughout, fireplace, ceiling fan and tea-making facilities. The separate lounge has a TV with DSTV. Two double beds, bathroom with a bath and shower, and separate toilet.
Forest Suite	This private, luxurious suite has a lounge with fireplace. The lounge leads out onto a balcony overlooking the forest. Under carpet heating in the bedroom. This air-conditioned suite has a TV with DSTV, tea-making facilities, spa bath and shower.



STANDARD ROOM



GARDEN SUITE



FOUNTAIN SUITE

All our rooms are supplied with fans and hairdryers as well as electric blankets, heaters and heated towel rails to ensure a warm, cosy atmosphere in winter.

Rooms with TV have SABC 1, 2 & 3, E-TV, M-Net, M-Net Movie channels, all SuperSport channels as well as a weather channel.



COURTYARD SUITE



COURTYARD SUITE

Tel: 033 266 6208 | Cell: 082 906 0842
info@brookdale.co.za www.brookdale.co.za
Nottingham Road KwaZulu-Natal Midlands South Africa





OUR PACKAGES INCLUDE:

- Accommodation in the scenic country
- 3 wholesome meals a day
- Morning & afternoon snacks
- A daily morning tea tray delivered to your room
- Organic herbal teas available all day
- Treatments specified for the package
- Informative talks on aspects of healthy living
- Daily guided morning walks
- Daily aquacise classes
- Guided relaxation classes
- Yoga | Pilates
- Make up demonstrations using Clarins

USE OF ALL FACILITIES:

indoor heated pool | jacuzzi | sauna | steam room | outdoor pool
labyrinth | studio | reflexology path | gym

CHOOSE BETWEEN OUR FOUR PACKAGES:

SIX NIGHT – R & R GETAWAY

6 NIGHTS TO RELAX & RE-ENERGISE

This is unique to Brookdale and is the perfect antidote to stressful modern living. You are guided through a process that firstly ensures complete relaxation, recuperation and rejuvenation; and secondly empowers you with the knowledge and skills to make realistic, healthy changes in your life.

SUNDAY – from between 14:15 – 16:15 to SATURDAY 10:00

The treatments included : 2 Swedish Full Body Massages, 1 Aromatherapy Full Body Massage and 1 Express Facial.

FOUR NIGHT – BLISSFUL RETREAT

4 NIGHTS TO REFRESH MIND & BODY

Our indulgent 4 night stay is the perfect escape to refresh and relax your mind and body.

SUNDAY – from between 14:15 – 16:15 to THURSDAY 10:00 or TUESDAY – from between 12:00 – 14:00 to SATURDAY 10:00

SUBJECT TO AVAILABILITY

The treatments included: 1 Swedish Full Body Massage, 1 Reflexology and 1 Express Facial.

THREE NIGHT – BREAKAWAY

3 NIGHTS TO CATCH YOUR BREATH

A shorter stay for those who can't find time for the complete wellness programme.

SUNDAY – from between 14:15 – 16:15 to WEDNESDAY 10:00 or WEDNESDAY – from between 12:00 – 14:00 to SATURDAY 10:00

The treatments included: 1 Swedish Full Body Massage and 1 Express Facial.

TWO NIGHT – QUICK ESCAPE

A 2 NIGHT TONIC & TASTE OF BROOKDALE

A quick healthy top up. These two nights will give you a taste of what Brookdale has to offer.

SUNDAY – from between 14:15 – 16:15 to TUESDAY 10:00 or TUESDAY – from between 12:00 – 14:00 to THURSDAY 10:00
or THURSDAY – from between 12:00 – 14:00 to SATURDAY 10:00

SUBJECT TO AVAILABILITY

The treatment included: 1 Swedish Full Body Massage

2017 BROOKDALE RATES



Celebrating 25 Years of Changing Lives

MAKE THE MOST OF OUR ANNIVERSARY RATES

SIX NIGHT FULLY INCLUSIVE R & R GETAWAY

ROOM TYPE	SINGLE OCCUPANCY per person for 6 nights			DOUBLE OCCUPANCY per person sharing for 6 nights		
	REGULAR 2017 RATE	YOUR 25% SAVING	OUR 25TH ANNIVERSARY RATE	REGULAR 2017 RATE	YOUR 25% SAVING	OUR 25TH ANNIVERSARY RATE
Standard Rooms	R 13 800	R 3 300	R 10 500	R 12 900	R 3 300	R 9 600
Standard with TV	R 15 000	R 3 600	R 11 400	R 13 500	R 3 300	R 10 200
Garden Suite	R 16 800	R 3 000	R 13 800	R 15 000	R 2 400	R 12 600
Fountain Suite	R 25 800	R 6 600	R 19 200	R 17 400	R 4 200	R 13 200
Courtyard Suite	R 25 800	R 6 600	R 19 200	R 17 400	R 4 200	R 13 200
Forest Suite	R 28 800	R 7 200	R 21 600	R 22 200	R 5 400	R 16 800

FOUR NIGHT FULLY INCLUSIVE BLISSFUL RETREAT

ROOM TYPE	SINGLE OCCUPANCY per person for 4 nights			DOUBLE OCCUPANCY per person sharing for 4 nights		
	REGULAR 2017 RATE	YOUR 25% SAVING	OUR 25TH ANNIVERSARY RATE	REGULAR 2017 RATE	YOUR 25% SAVING	OUR 25TH ANNIVERSARY RATE
Standard Rooms	R 9 200	R 2 200	R 7 000	R 8 600	R 2 200	R 6 400
Standard with TV	R 10 000	R 2 400	R 7 600	R 9 000	R 2 200	R 6 800
Garden Suite	R 11 200	R 2 000	R 9 200	R 10 000	R 1 600	R 8 400
Fountain Suite	R 17 200	R 4 400	R 12 800	R 11 600	R 2 800	R 8 800
Courtyard Suite	R 17 200	R 4 400	R 12 800	R 11 600	R 2 800	R 8 800
Forest Suite	R 19 200	R 4 800	R 14 400	R 14 800	R 3 600	R 11 200

THREE NIGHT FULLY INCLUSIVE BREAKAWAY

ROOM TYPE	SINGLE OCCUPANCY per person for 3 nights			DOUBLE OCCUPANCY per person sharing for 3 nights		
	REGULAR 2017 RATE	YOUR 25% SAVING	OUR 25TH ANNIVERSARY RATE	REGULAR 2017 RATE	YOUR 25% SAVING	OUR 25TH ANNIVERSARY RATE
Standard Rooms	R 6 900	R 1 650	R 5 250	R 6 450	R 1 650	R 4 800
Standard with TV	R 7 500	R 1 800	R 5 700	R 6 750	R 1 650	R 5 100
Garden Suite	R 8 400	R 1 500	R 6 900	R 7 500	R 1 200	R 6 300
Fountain Suite	R 12 900	R 3 300	R 9 600	R 8 700	R 2 100	R 6 600
Courtyard Suite	R 12 900	R 3 300	R 9 600	R 8 700	R 2 100	R 6 600
Forest Suite	R 14 400	R 3 600	R 10 800	R 11 100	R 2 700	R 8 400

TWO NIGHT FULLY INCLUSIVE QUICK ESCAPE

ROOM TYPE	SINGLE OCCUPANCY per person for 2 nights			DOUBLE OCCUPANCY per person sharing for 2 nights		
	REGULAR 2017 RATE	YOUR 25% SAVING	OUR 25TH ANNIVERSARY RATE	REGULAR 2017 RATE	YOUR 25% SAVING	OUR 25TH ANNIVERSARY RATE
Standard Rooms	R 4 600	R 1 100	R 3 500	R 4 300	R 1 100	R 3 200
Standard with TV	R 5 000	R 1 200	R 3 800	R 4 500	R 1 100	R 3 400
Garden Suite	R 5 600	R 1 000	R 4 600	R 5 000	R 800	R 4 200
Fountain Suite	R 8 600	R 2 200	R 6 400	R 5 800	R 1 400	R 4 400
Courtyard Suite	R 8 600	R 2 200	R 6 400	R 5 800	R 1 400	R 4 400
Forest Suite	R 9 600	R 2 400	R 7 200	R 7 400	R 1 800	R 5 600

Prices are inclusive of VAT & are subject to change. Terms and Conditions Apply.

ANNIVERSARY RATES VALID 04 JANUARY – 23 DECEMBER 2017

BROOKDALE HEALTH HYDRO (PTY) LTD
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Registered Members: AJ Somers-Cox, WM Somers-Cox, BC King, M Cox



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